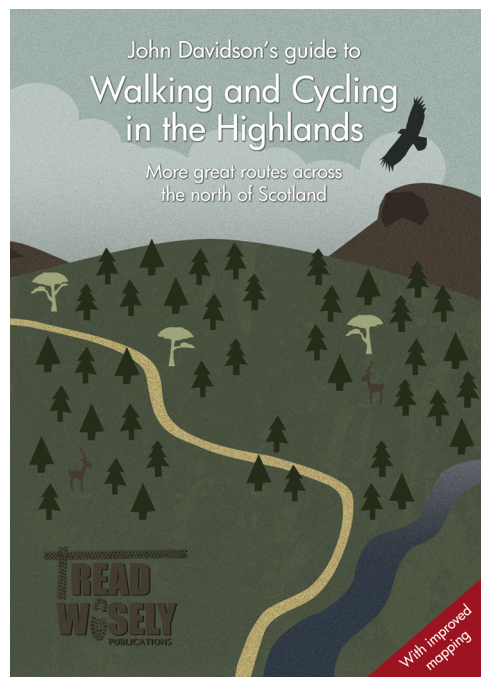


New title

Walking and Cycling in the Highlands

The new book by John Davidson

ISBN:	9780956599919
Title:	Walking and Cycling in the Highlands
Sub Title:	More Great Routes Across the North of Scotland
Format:	Paperback, A6, full colour, 96pp + 4pp cover
Published:	31/03/2014
Author:	Davidson, John
Price:	£8.99
Publisher:	Tread Wisely Publications
Distributor:	Tread Wisely Publications
BIC:	WSZ – Active outdoor pursuits



Tread Wisely Publications and John Davidson are proud to announce their second title!

The new book is a follow-up to John's sold-out collection of routes, *John Davidson's Guide to Walking and Cycling in Inverness and the Highlands*

The new book features:

- 40 tried and tested routes across the north of Scotland
- From family-friendly outings to challenging adventures
- Improved full-colour mapping
- Photographs for every route
- Printed and bound in Scotland

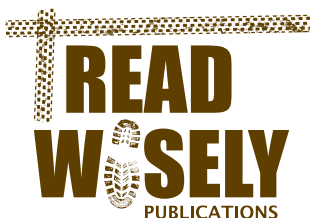
For his latest publication, John has been visiting all corners of the Highlands, exploring golden beaches on the west coast and dramatic sea stacks on the east. He has been to some of the most spectacular glens and mountains in Scotland and enjoyed cycling on and off road in both popular and remote areas.

He describes each route in vivid detail, sharing his experience and knowledge of the Highlands with readers, whether local or visitors to the region. Every route is illustrated with John's stunning photographs which make you just want to get out and enjoy this wonderful part of the world – a place John shares his passion for through his regular Active Outdoors column for Scottish Provincial Press.

Clear mapping for each route has been provided by professional Inverness-based cartographer Helen Stirling, giving an excellent overview which allows readers to follow the route in the book before they follow it on the ground.

The whole package adds up to a great value pocket-size book for lovers of the great outdoors.

John Davidson is a journalist based in Inverness who specialises in outdoor activities. He is Active Outdoors editor for Scottish Provincial Press, producing a weekly newspaper feature and regular magazine for The Inverness Courier, Ross-shire Journal, Strathspey & Badenoch Herald, John O'Groat Journal, Northern Scot and Northern Times. He is also a volunteer for Sustrans, the charity behind the National Cycle Network.



Trade orders – Please contact John Davidson on books@treadwiselypublications.com

Retail orders – Buy online at www.treadwiselypublications.com or visit the website to find a list of stockists

Online price: £8.99 with free delivery via Royal Mail to the UK